DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES						Lupin Flour			MUSTARD			No.	6	Beer
PLEASE CHECK WITH STAFF FOR ALLERGY ADVICE FOR ALL DRESSINGS	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Floors Castle Flame Grilled Burger, Monterey Jack Cheese, Homemade Burger Relish & Chunky Chips		~		✓ (mayo in slaw)			(Cheese)		✔ (Relish)					
Crispy chicken wrap, garlic mayonnaise, gem lettuce, homemade tomato salsa		~		(Mayo)										
Crispy battered fish wrap, lettuce cucumber, cucumber, caper & lemon mayonnaise		~		(Mayo)	~									
Char grilled chicken, mozzarella rocket & pesto Panini		~		~			(Cheese & Pesto)							
Tomato, mozzarella, rocket & pesto Panini (V)		~		~			(Cheese)							
Tagliatelle with courgette, pea's & tarragon, parmesan & rocket (V)		~					(Parmesan)		(Dressing)					~

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

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DISHES						Lupin Flour			MUSTARD			68	Beer
PLEASE CHECK WITH STAFF FOR ALLERGY ADVICE FOR ALL DRESSINGS	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Molluscs	Mustard	Nuts*		ame Soya eeds	u Sulphur dioxide
Soup of the day with homemade bread (V) (GF)	~						~						
Floors Castle Kedgeree (GF)				~	~		~						
Floors Castle Salmon Fishcakes with Sorrel Sauce		~		~	~		~						~
Griddled asparagus salad, hummus, crispy parma ham, mustard & caper dressing (GF)									(Dressing)				
Bruschetta with slow roast tomatoes, rocket, roasted grapes, herby goats' cheese & balsamic (V)		~					(Goats cheese)						
Spring salad with creamy tarragon dressing, walnuts, croutons & parmesan (V)		(Croutons)		(Dressing)			(Parmesan)			~			
Sticky sesame pork salad, carrot, beetroot & pomegranate slaw		~		~							↓	•	

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES						Lupin Flour			MUSTARD	
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Molluscs	Mustard	Nuts*
Eclairs		~		~			~			
Meringue				~			~			
Chocolate Cake		~		~			~			
Victoria Sponge		~		~			~			
Flapjack		~					~			
Chocolate Brownie		~		~			~			
Caramel Shortbread		~					~			
Tiffin		~					~			~
Granola				~			~			~
Macaroons				~			~			~

